



Adolescent DBT Therapist Position in Nashville, TN

Nashville Child and Family Wellness Center is seeking a full or part-time therapist to become a member of our DBT team, providing DBT and other evidence-based treatment with a primary focus on adolescents. Experience working with emotionally dysregulated populations, of middle school and high school ages, including chronic suicidality/self-injurious behaviors is ideal. Must also be skilled at working with parents and families. Experience providing behavioral parent training and developing behavior plans is a plus. An ability to conduct intake assessments, develop a treatment plan, and implement evidence-based treatments with children and adolescents is imperative.

Continuing education and supervision in DBT and other modalities is provided through Behavioral Tech LLC, internal supervisors, and a Linehan Board Certified and Master Trainer DBT Clinician who consults with our practice. Those seeking a post-doc opportunity are encouraged to apply. Highly trained and experienced candidates will be considered for a leadership position and higher level of pay. This is an excellent opportunity to work with a growing multi-disciplinary team of psychiatrists, nurse practitioners, therapists, and other providers, all dedicated to continued professional education, providing high quality services, and creating a supportive workplace.

This is a salaried position with competitive pay, excellent benefits, and reasonable caseload expectations.

Primary job duties include:

- Conducting intake assessments for children, adolescents, and families
- Developing treatment plans
- Providing Comprehensive DBT to adolescents, parents and families maintaining adherence to the DBT model.
- Leading DBT-A Multi-Family Skills Groups
- Providing evidence-based trauma work
- Implementing other evidence-based treatments
- Treating a caseload mix of DBT and non-DBT clients.

Therapist requirements:

- Must be skilled in conceptualizing treatment through a DBT and CBT lens and be well-versed in basic components of DBT, CBT, and exposure-based modalities.
- Must possess knowledge of DBT and experience conducting group and individual DBT with adolescents.
- Must be committed to ongoing DBT training and practice including participation on a DBT Consultation Team and staying adherent to the DBT model.
- Must be able to effectively work with parents and address possible obstacles to treatment for both adolescent and families.
- Experience providing other behavioral and exposure-based treatments a plus.
- Experience conducting evidence-based trauma therapies a plus.
- Must have demonstrated ability to work within a team and to work independently.



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Applicants must have 3 years or more experience working with adolescents and families or with emotionally dysregulated populations ideally including chronic suicidality/self-injurious behaviors. This position requires a minimum of a Master's Degree in Counseling, Psychology, or Social Work. Candidates *must* be licensed or license-eligible to practice in the State of Tennessee. Post-doc opportunity is also available. NCFWC will provide additional DBT training through Behavioral Tech to the right person.

Benefits:

- Opportunity for ongoing DBT Training and participation in Behavioral Tech training.
- Leadership opportunities for highly trained and experienced candidates
- Competitive Salary
- Relocation Assistance
- Generous Paid Time Off
- Medical, dental, vision benefits
- 401k retirement benefit with matching
- Excellent administrative support

Interested and qualified candidates, please send resume, cover letter, and references to: Nashville Child and Family Wellness Center, 85 White Bridge Road, Suite 302, Nashville, TN 37205. Or, email: ctempleton@nashvillefamilywellness.com.